

'SUKUMANI' is the siSwati word for STAND and this is our dream!

Sukumani Dream is a registered non-profit company

Reg No: 2014/166591/08

Sukumani Dream is a newly established non-profit company. It started as a small project to help children at a rural hospital just outside Nelspruit, Mpumalanga. It has since expanded and we are now able to help children throughout Mpumalanga, Gauteng and possibly even further.

Debbie Cresswell and Kabi Krige are Occupational Therapists and Alison Walker a Physiotherapist. We started this project in October 2013 as a way of broadening awareness for the children we care for so much. We work with children with a wide range of disabilities especially those with cerebral palsy.

Who is SUKUMANI DREAM for?

Due to their physical limitations, many children with ***cerebral palsy*** (and other neurological conditions) treated in state hospitals in South Africa, are unable to walk or even sit, and therefore need supportive equipment to allow them to do so. Standing (even for children who will most probably never walk) has been shown to have numerous beneficial effects.

- Weight bearing is necessary for the development of the hip joint (forming the acetabulum), and for bone growth and density.
- Furthermore, the upright position assists with the activation and strengthening of antigravity muscles.
- Added benefits reported are improved lung function and bowel activity.
- Many parents also report improved socialization and visual alertness, most likely because of the elevated position, bringing them in better contact with their environment.

How do we help them to SUKUMA (stand)?

The children that really need these standing frames come from impoverished areas, and often their caregiver's only income is their child's disability grant (about R1100). Often the caregiver is unable to work, as their children need 24 hour supervision and assistance. These children are often left in incorrect positions whilst their caregiver is busy with their daily chores, as they have no therapeutic equipment to allow their children to play in a good position. Our goal is to provide these children with a wooden standing frame to be used at home. Each standing frame costs +/- **R850** to make.

CONTACT US :

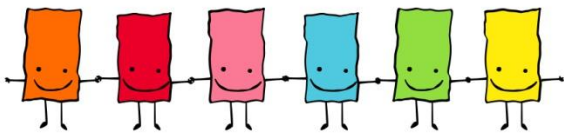
EMAIL : SUKUMANIDREAM@GMAIL.COM
ALISON : 083 497 0610
DEBBIE : 084 504 5475
KABI : 083 629 5454

BANK DETAILS :

BANK : STANDARD BANK
BRANCH : NELSPRUIT : 052852
ACC NO : 132031787
ACC NAME : SUKUMANI DREAM

PLEASE HELP US REACH OUR DREAM OF
ALLOWING OUR PRECIOUS CHILDREN TO

S U K U M A



Where are the standing frames made?

Mpumalanga: Our first site is **Kamagugu Inclusive School**, which is one of the only government schools catering for children with learning barriers in Mpumalanga, The woodwork skills learners will be making the standing frames. A percentage of the money (R300.00 per standing frame) will be paid to the school for this work. In doing so, these learners are being provided the opportunity to develop a new skill which ultimately will add to their marketability in the working world.

Furthermore the school will use the money generated by this project to improve the woodwork centre, which will ultimately allow the woodwork skills learners to develop a greater variety of skills and knowledge.

Gauteng: A second site was identified in 2014, namely **Service Products**, in Selby, Johannesburg. This sheltered employment factory offers employment to people with disabilities who wish to participate in the economy

How can you help children to SUKUMA?

SUKUMANI DREAM is a registered non-profit company relying solely on donations.

A **tax certificate** will be issued on request so that your donation can be deducted from your taxable income.

Please help us help the children to **SUKUMA** by making a donation (once off or monthly) into the bank account of **SUKUMANI DREAM**. Please leave your name as the reference if you would like to, unless you would prefer to make an anonymous donation.

For more information on **SUKUMANI DREAM**, you can contact one of the volunteers.

Kind regards,

Sukumani Dream NPC

2014/166591/08



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At Sukumani Dream

Watch our video: <http://vimeo.com/80651784>



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